

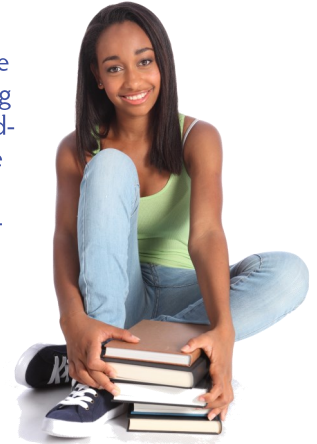


School SBIRT Training

(Screening, Brief Intervention, and Referral to Treatment)
A Training Opportunity for Middle and High School Student Services Staff

What is SBIRT?

SBIRT offers an efficient, evidence-based, and comprehensive service to address selected behavioral health concerns among adolescents. The service begins with administering a standardized Screening instrument. For students who show moderate or high risk results, a Brief Intervention (BI) is conducted. The BI is delivered with motivational interviewing and is protocol-guided. For those students who show high risk concerns and who do not respond to the BI, a Referral to Treatment may be initiated.



Why SBIRT in Schools?

- Evidence-based for addressing student alcohol/drug involvement and evidence-informed for addressing a range of other behavioral concerns, including attendance, classroom behavior, and mental health
- Student-centered and strength-based
- Teens rate the service with high levels of satisfaction
- Provides a Tier II and Tier III practice with PBIS
- Response-to-Intervention can be ascertained by using baseline and follow-up screening results

Training Description

■ A requirement of registration is to complete:

1. A Pre-training Reading Assignment, and 2. An initial Implementation Plan
- Both are available at: www.wishschools.org/resources/schoolsbirt.cfm

The school implementation plan must be submitted one week prior to training to: Tracy Herlitzke, therlitzke@cesa4.org

■ **Initial Training (Day 1)** — Overview of SBIRT, introduction to the requisite skills (Motivational Interviewing), and practice on delivering protocol-guided Brief Intervention services. Audio tape delivery of Brief Intervention.

■ **Adopt SBIRT Into Practice and Continue Implementation Planning** — Staff deliver SBIRT services and track initial implementation. Staff meet with student services leadership to complete Implementation Plan.

■ **Follow-up Training (Day 2)** — Staff receive individualized feedback from fidelity review of audiotape. Continue skill building, practice delivering SBIRT, and refining Implementation Plan.

■ **New this year** — Staff will participate in monthly implementation coaching calls for supported technical assistance.

Register Online:

■ **Rhineland:** <http://login.myquickreg.com/register/event/event.cfm?eventid=16624>

■ **West Salem:** <http://login.myquickreg.com/register/event/event.cfm?eventid=16726>

■ **Pewaukee:** <http://login.myquickreg.com/register/event/event.cfm?eventid=16727>

■ **Kimberly:** <http://login.myquickreg.com/register/event/event.cfm?eventid=16728>

■ **Turtle Lake:** <http://login.myquickreg.com/register/event/event.cfm?eventid=16730>

Cost: \$100/per person (Lunch and snacks provided) **Payable to:** CESA #4

Send Payment to: CESA #4 ATTN: Mary Devine, 923 East Garland Street, West Salem, WI 54669—PLEASE include and clearly define: Participant name, exact name of workshop, and date, with all checks or purchase orders. Thank you!

TIME—All Workshops

Registration: 8:00am—8:30am
Workshop: 8:30am-3:30pm

DATES/LOCATIONS:

■ October 10 and November 9, 2016

Cedric A. Vig Outdoor Classroom, 4321 S. Shore Drive, Rhineland, WI 54501
Contact: Lynn Verage, CESA #9
(715) 453-2141; lverage@cesa9.org

■ December 15, 2016 and Feb. 6, 2017

CESA #4, 923 East Garland Street, West Salem, WI 54669
Contact: Carol Zabel, CESA #10
(715) 720-2145; czabel@cesa10.org

■ January 6 and February 6, 2017

CESA #1, N25 W23131 Paul Road, Suite 100, Pewaukee, WI 53072
Contact: Christine Kleiman, CESA #7
(920) 617-5645; ckleiman@cesa7.org

■ January 17 and March 7, 2017

Liberty Hall, 800 Eisenhower Drive, Kimberly, WI 54136
Contact: Jackie Schoening, CESA #6
(920) 236-0515; jschoening@cesa6.org

■ February 9 and March 16, 2017

CESA #11, 225 Ostermann Drive, Turtle Lake, WI 54889
Contact: Carol Zabel, CESA #10
(715) 720-2145; czabel@cesa10.org

Workshop Questions: Tracy Herlitzke
(608) 786-4838; therlitzke@cesa4.org

Registration Questions: Mary Devine
(608) 786-4800; mdevine@cesa4.org

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